



# NAVA VANI

A Quarterly Newsletter of AUXILIUM NAVAJEEVANA- A Home for girl children at risk

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(For Private Circulation only)

## Editorial

## FRIENDSHIP

**"Friendship is a single soul dwelling in two bodies. It is the most unselfish of all loves, for it seeks only the happiness and good of the other"** declared Aristotle. It is being comfortable and being there for a person in every way, truly investing care and love, considering the other person's well-being to be as valuable as one's own. It is a noble relationship - bond built on love, trust and sacrifice.

**What does true friendship require?** True friendship requires work, effort, compassion and the capacity to be there in all the ups and downs of day today living.

**Who is a true friend?** A true friend is the most precious gift that we can receive in life. He or she touches our heart and stays with us in tough and good times.

**What does a true friend do?** Makes sure that we are happy, cheers us up when we are sad, criticizes us when needed, stands by our side in darkest hour, encourages us in our endeavors, becomes aware of our weakness yet emphasizes our strong qualities, feels our fears yet tries to build our confidence, knows all our worries yet frees our spirit, recognizes our faults and offers possibilities for a change, thus values and regards us as highly as himself / herself.

It goes without saying that true friend will be kind, compassionate, and loving, desiring the best for us and ready for mutual growing together. True friend cares for us and we can always do even the stupidest things around and always be forgiven. Someone we can instantly remember even after ten years because he / she lives in our hearts, in our memories and not just in our minds because he/ she always has the ability to change us for the better, being ready to make sacrifices for our well being, making sure we behave in ways that are conducive for our all round development. This is the essence of friendship.



Finally a friend is also one who does not necessarily accept us for who we are, but pushes us to be a better version of who we are. In other words aids us in becoming who we are meant to be. True friends are always there for each other, emotionally and psychologically - listening to each other's problems, spending the day together, discussing matters of interest, upholding and above respecting and maintaining the confidences received.

Won't you join hands with us to foster good and transforming friendships with all, especially the young people and children who await for a friendly intervention in their day today living?

**Sr. Anna Thayil**, Editor – Nava Vani

# AUXILIUM NAVAJEEVANA - CHAMRAJPET

## CHILDRENS' DAY OUT - 13.06.2015



"Show me your friends and I will tell you who you are" says St. John Bosco. To know each other and share happiness together a day was arranged for a short outing to Cubban Park. The children were motivated to play, run, jump and enjoy in the company of each other. It was a memorable day wherein each one enjoyed to their heart's content forgetting themselves and sharing their best in fun and laughter.



## Competitions - 19.08.2015

Our children took part in Taluk Level sports. Sowmya VIIth Std, and Kavya VIIth Std. were experts in "Kabadi" and "Kho - kho" and brought in many prizes. The Sisters rejoiced at their performance. Congrats to the duo!



## Parent's Meet - 31.08.2015



Majority of the parents, guardians came for the parents meet. The children spent some time with them sharing news and views. They were extremely happy about the 'Friendly atmosphere of the Centre' in which their children are brought up.



The children expressed their gratitude by singing and dancing. Sr. Anna Thayil the animator spoke on the duty of the parents towards their children.

## Teacher's Day Celebration - 05.09.2015

The children gratefully remembered all their teachers past and present and expressed their love in different forms through dances and speeches. They saluted all their teachers saying "A Teacher is ... A Friend...A Philosopher... A Guiding Light... An Inspiration...A Teacher is like a candle that burns brightly to enlighten others...



## 30.09.2015

Family and Birthday Celebrations: We celebrated the family cum Birthday of those whose birthdays fall during the month. They were variety of entertainment.

Of course these are the days of sharing and becoming extra friendly!





# JAGA JEEVAN RAM NAGAR

## FAMILY DAY CELEBRATIONS : 17.07.2015

A Few parents appeared for the Family Day celebration. Sr. Leena the resource person gave an inspiring talk on "Parental Responsibility". The interaction with the parents enabled us to clarify their doubts and enable them to collaborate in the formation of their children in a positive way. Thereafter the Children enacted a scene from the childhood of Don Bosco where he enjoyed the togetherness of the family. All the mothers were happy to see their children doing well in their studies as well on the stage. At the conclusion they participated in the tea-party.



## Day with God : 24.07.2015

Sr. Elsy animated the day with God for the children. There were very happy to spend some time in silence. Each one prayed spontaneously in their own language for their parents, teachers, and friends. They also felt sorry for hurting others by their words and actions and asked pardon from each other. Everyone was happy at the end of the prayer session. In the evening they watched the film - St. Maria Goretti and took a decision to remember in their life - "Death Rather than Sin".



## Orange day - 25.08.2015

We started the orange day programme with a moment of prayer and prayed for all the children at Risk, their parents and dear ones. The children are aware of the dangers the girl children had to face. Through dance and skit, the children enacted a real life story of



a family whose father was a drunkard, the girl children not sent to school, the mother's tragic death and the father enjoying with other women. At the end of the skit the children prayed for the children of this family in a special way.



## Outing 14.09.2015

The children had a lively outing in the nearby Park. They forgot about themselves and enjoyed to the full and took part in different games, musical items and fun. They danced the whole time and made each other happy. They were extremely happy and thanked the Sisters for the opportunity given.



# AUXILIUM NAVAJEEVANA RAINBOW HOME

## Orange day - Human Trafficking - 25.06.2015

On June 25th Orange day was kept up. Sr. Lizzie in her message highlighted how human beings are bought and sold in the market like any other commodities". Bigger girls wore orange color dress to remind themselves about the significance of the day.





### **Picnic to Lalbhagh: 14.08.2015**

“Enjoy the beauty of the flowers.” Children along with Sr. Lizzie and Staff went to Lalbhagh for the flower show. It was a wonderful moment. Seeing the variety of flowers, the Children enjoyed. They played to their hearts content and had lot of fun.



### **Taluk level Sports – 19.08.2015**

Our children participated in Taluk level Competitions and won many prizes. They are selected for the district level. The Home rejoiced at their performance and congratulated them as it was a wonderful moment for all of us.



### **Parents Meeting - 23.08.2015**

“Parents are the first educators,” in View of strengthening our collaboration and making them responsible partners in accompanying their children, the parents were invited for the quarterly meeting.

A good number of them were turned up for the meeting. They were warmly welcomed by their children. Fr. Edward Sdb and Sr. Anna Thayil animated the group explaining them about their roles in good parenting. After the talk, the parents were entertained by their children with a cultural programme. A good meal was served for all. They were grateful for such a meaningful gathering.



### **Speech Competitions - 15.08.2015**

On 15th August we celebrated the Independence Day. The topic for the speech competition was “APJ Abdul Kalam our former President”. This was chosen “to honour and show our love and respect to him. We also invited three Judges from outside to judge the performance of the children.



### **Onam Celebration - 30.08.2015**

On 31 August, Auxilium Navajeevana Chamrajpet and All the Rainbow Home children celebrated Onam, family and Birthday Celebrations. The Program started with a specially animated prayer. The “Floral Carpet” prepared by the children for this occasion was fantastic. Beautiful cultural event made the day a memorable one for all us. Thereafter the delicious food prepared by the Sisters and the Staff was enjoyed by all as a family.





# AUXILIUM NAVAJEEVANA - KAMMANAHALLI



## DAY WITH GOD - 02.08.2015

"DAY WITH GOD" - organized by a Catholic prayer group Mr. Jock in Peter and Mrs. Josephine from Lingarajapuram. They enlightened the girls about the importance of the prayer and need of God in one's life. They also spoke on good human behavior and character formation. If God is with us devil keeps far away from us. The girls were made to become aware of their love towards God Almighty and with one another and they expressed their gratitude to the animators.

## COMPUTER THEORY CLASS 12.08.2015

Girls were very much interested and eager to learn about computers. Miss Mamatha - mentor gave a special demonstration on it. They found the class very useful.



## MENTORS MEETING : 13.09.2015

The new Sr. Superior Sr. Anna Thayil was welcomed and introduced to the Mentors. Discussion regarding the progress of the girls was held. Everybody shared their experiences with their mentees. All were very happy and agreed to continue their service. The evaluation came to an end after the refreshment, and exchanging their ideas for improvement.



## INDEPENDENCE DAY - 15.08.2015

Gandhi says "a man/ woman are made for freedom has to risk for everything" so remembering this we gathered together in Navajeevana Kammanahalli to pray for our country and its citizens. We honoured our country through small cultural items. We prayed for our leaders and for peace and harmony in the country.



## COMMUNICATION SKILL TRAINING - 20.8.2015

Mrs. Kavya a member of the Mentor Group took an interactive class on communication and importance of proper communication. Girls were very happy to learn the skill of communication.



## 28.08.2015 : FESTIVAL MOOD

Onam & Varalakshmi Celebration – Girls went to the temple to seek the blessings from God. On their return, they participated in the “Kolam” competition. They prepared varieties of dishes to highlight the day and enjoyed the meal to the full.



## HANDWORK CLASS : 18.09.2015

The hand work class includes ear-ring making, wool knitting, greeting cards making and embroidery. The girls were very happy and took keen interest to learn various hand works.



## Bi-Centenary Celebration of the Birthday of DON BOSCO - 16.08.2015



The long awaited day – the conclusion of bi-centenary has come. We were praying and preparing ourselves for past three years. On this auspicious day our hearts are thrilled with joy and gratitude to God for the magnificent personality of our Father and Founder Don Bosco. Honouring our Saint John Bosco at the bi-centenary of the birth, we the Auxilium Navajeevana Bangalore had a beautiful and meaningful celebration. Auxilium Navajeevana Rainbow Home was the venue for the celebration. Our four centers came together to celebrated and commenced at 10.30 am with short prayer followed by cultural program. All four centers depicted colourful presentations on early life of Don Bosco, and works of Don Bosco through skits, dance, poems and songs. The chief guest of the day was Rev. Fr. Regi SDB. His valuable message on the life of Don Bosco inspired and



increased our love for Don Bosco. His main thought was “Don Bosco” loved to be with the youth and he made teenage saints of his youngsters. Whether you are rich or poor you will take nothing to eternity but the love you showed to others will carry you off”. The animator Sr. Anna Thayil gave her message in two powerful words saying “DON BOSCO” our modern saint is the saint for all times and he stands even today so relevant who can be imitated. “The Salesian Family is compared to a forest that started with Don Bosco as a single tree”. Our joyful and colorful celebration had a conclusion with a sumptuous meal.

The bi-centenary birth of Don Bosco reminded us of our fidelity to our consecrated life and the sacredness of our mission for the youth.





# Children's Corner

ಮುತ್ತು ಸಿಗುತ್ತದೆ ಸಮುದ್ರದಲ್ಲಿ

ಫುಸ್ತಕ ಸಿಗುತ್ತದೆ ಶಾಲೆಯಲ್ಲಿ

ನಾನು ಸಿಗುತ್ತೇನೆ ಆಕ್ಸಲಿಯಂ ನವಜೀವನದಲ್ಲಿ

**ಸೌಂದರ್ಯ**, 7ನೇ ತರಗತಿ

ಡೇಟ್ ಇಲ್ಲದ ಡೇ ಇಲ್ಲ ಸ್ಟಾರ್ ಇಲ್ಲದ ಸ್ಟೈ ಇಲ್ಲ

ಪೇಜ್ ಇಲ್ಲದ ಫುಸ್ತಕ ಇಲ್ಲ ಪ್ರೆಂಡ್ಸ್ ಇಲ್ಲದ ಲೈಫ್ ಇಲ್ಲ

**ಪ್ರಿಯಾಂಕ**, 9ನೇ ತರಗತಿ

ಸಿಗುತ್ತದೆ ಎಂದು ಮಾಡೋದು

ಪ್ರೆಂಡ್‌ಶಿಪ್, ಸಿಗೋದಿಲ್ಲ ಅಂತ ಗೊತ್ತಿದ್ದು

ಮಾಡೋದು ಗ್ರೇಟ್ ಪ್ರೆಂಡ್‌ಶಿಪ್

**ಸುನಿತ**, 7ನೇ ತರಗತಿ

ನಮ್ಮ ಆಲೋಚನೆಗಳೇ ನಮ್ಮನ್ನು ರೂಪಿಸುತ್ತವೆ

ಆದ್ದರಿಂದ ಏನನ್ನು ಯೋಚಿಸುತ್ತಿರೋ ಅದರ

ಬಗ್ಗೆ ಎಚ್ಚರದಿಂದ ಇರಿ

**ವಾಣಿ** 10ನೇ ತರಗತಿ

ಜಾರಿಹೋದ ಕಣ್ಣೀರು ಮತ್ತೆ ಕಣ್ಣು ಸೇರೋಲ್ಲ

ಪ್ರೀತಿ ಮರೆತು ಹೋದಮೇಲೆ ಮತ್ತೆ ಹೃದಯ ಸೇರಲ್ಲ

ಆದರೆ (ನವಜೀವನ) ಸಿಸ್ಟರ್ಸ್ ಎಷ್ಟೇ ದೂರ

ಹೋದರೂ ನೆನಪು ಮಾತ್ರ ಹೋಗೋಲ್ಲ

**ಕಾವ್ಯ ಎ.** 8ನೇ ತರಗತಿ

ಬರಡಾದ ಭೂಮಿ ಬಯಸುವುದು ಒಂದು

ಹನಿನೀರನ್ನು ಮಾತ್ರ,

ಆದರೆ ನೋವು ತಂಜಿರುವ

ಹೃದಯ ಬಯಸುವುದು

ಒಂದು ಹನಿಯಷ್ಟು ಖುಷಿ ಮಾತ್ರ

**ಐಶ್ವರ್ಯ** 9ನೇ ತರಗತಿ

ಹುಟ್ಟು ನಮದಲ್ಲ ಸಾವು ನಮದಲ್ಲ

ಭೂಮಿ ನಮ್ಮದಲ್ಲ ಈ ಪ್ರಕೃತಿ ನಮ್ಮದಲ್ಲ

ಆದರೆ ನಮ್ಮದು ಅಂತಾ ನಮ್ಮ ಜೊತೆ ಇರುವುದು

ಕೇವಲ ನಂಜಿಕೆ, ಸ್ನೇಹ, ಪ್ರೀತಿ ಮಾತ್ರ

**ಸೌಮ್ಯ**

ಗುಡಿಸಿದ ಮೇಲೆ ಕಸವಿರಬಾರದು

ಬಡಿಸಿದ ಮೇಲೆ ಹಸಿವಿರಬಾರದು

ಸ್ನೇಹ ಮಾಡಿದ ಮೇಲೆ ಮರೆಯಬಾರದು

ಸ್ನೇಹ ಮಾಡದೆ ಬದುಕಿರಬಾರದು

ಹುಟ್ಟುವಾಗ ಅಮ್ಮ, ಅಳುವಾಗ ಅಮ್ಮ

ನಗುವಾಗ ಅಮ್ಮ ಬಿದ್ದಾಗ ಅಮ್ಮ

ನಾವೂ ಎಲ್ಲೇ ಇದ್ದು ಯಾವಾಗಲೂ

ನಮ್ಮ ಜೊತೆಯಲ್ಲಿ ಇರುವೆವೇ ಅಮ್ಮ

ಕಾರಣ ಅವಳಿಂದಲೇ ಸಿಕ್ಕಿದ್ದು ಈ ಜನ್ಮ ಮರೆಬೇಡ

**ಅನಿತ ಎಂ.**, 10ನೇ ತರಗತಿ

ಬದುಕು ಎಂದರೆ ನದಿಯ ಹಾಗೆ ಕೊನೆ ಇಲ್ಲದ ಪಯಣ

ಯಾವುದೂ ನಮ್ಮ ಜೊತೆ ಶಾಶ್ವತವಾಗಿ ಉಳಿಯುವುದಿಲ್ಲ

ಉಳಿಯುವುದು ಒಂದೇ... ಹೃದಯ ತಟ್ಟಿದ ನೆನಪುಗಳು

ಮಾತ್ರ.

ಕೈ ತುತ್ತು ಕಡಲ ತೀರದ ಮುತ್ತು ಬಾವದೊಳಗಿನ ಗಮ್ಮತ್ತು

ಸಗಡರದ ಸಿರಿಯ ಅವಲತ್ತು ಮರಗಳ ಸಾಲಿನ ತಂಪತ್ತು

ಇವೆಲ್ಲಕ್ಕೂ ಮೀರಿದ ಮುತ್ತು ಮತ್ತು ಆಕೆಯ ಕೈ ತುತ್ತು

**ಪ್ರಿಯ**, 10ನೇ ತರಗತಿ

ಮರೆಯುವುದಾದರೆ ಮರೆತು ಬಿಡಿ ಜಂತೆ ಇಲ್ಲ

ನೆನಪಿಸಿಕೊಳ್ಳು ವುದಾದರೆ ನೆನಪಿಸಿಕೊಳ್ಳು ಪರವಾಗಿಲ್ಲ

ಆದರೆ ಯಾರನ್ನು ಮರೆತೆ ಎಂಬುದನ್ನು ನೆನಪಿಟ್ಟುಕೊಳ್ಳು

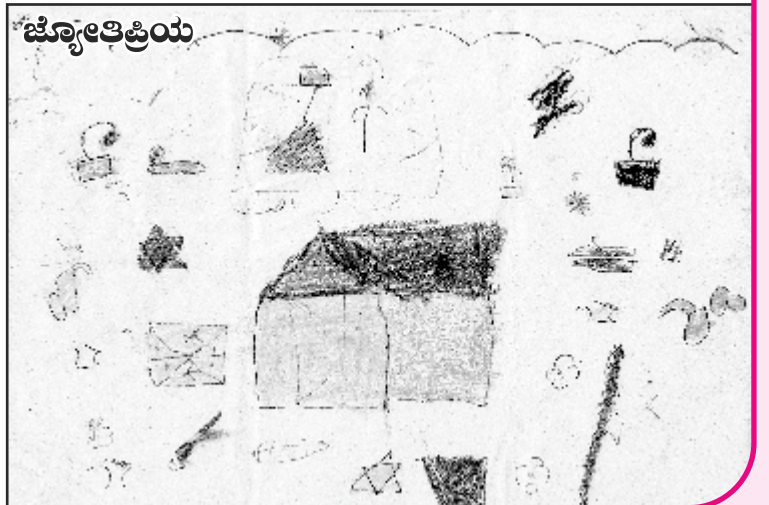
**ಲಕ್ಷ್ಮೀ**, 8ನೇ ತರಗತಿ

ನೀವು ನನ್ನ ಜೀವಕೆ ಉಸಿರುಕೊಟ್ಟ ದೇವತೆ  
ನನಗೆ ಪ್ರೀತಿ, ಸಹನೆಯಿಂದ ಬದುಕು ಪಾಠ ಕಲಿಸಿದ ಮಾತೆ  
ಜಗತ್ತೆಲ್ಲ ಬೇರೆ ಯಾರೂ ಕೊಡಲಾರದು ತಾಯಿಯ ಮಮತೆ  
ನೀವು ಸದಾ ನಗುತ್ತಿದ್ದರೆ ಬರಲಾರದು ನಮಗೆ ಯಾವುದೇ ಕೊರತೆ  
ಅಮ್ಮ ನಿಮ್ಮ ಪಾದಕೆ ಸಮರ್ಪಿಸುವೆ ನನ್ನ ಪುಟ್ಟ ಕವಿತೆ....

ಗೆಳೆತನ ಎಂಬುದು ಬೀಜ ಹಾಕೆ  
ಗೆಳೆಯರಿಗೆ ಪೂರ್ತಿ ಸ್ವಾತಂತ್ರ್ಯ  
ತಮ್ಮ ಭಾವನೆಗಳನ್ನು ವ್ಯಕ್ತಪಡಿಸಲು

ಕೋಣ ಕೋಣ ಹಣ ಸುರಿಯುತ್ತಾರೆ ದೇವರ ಹುಂಡಿಗೆ  
ಮನಸ್ಸು ಬಾರದು ಒಂದು ತುತ್ತು ಅನ್ನ ನೀಡಲು ಬಡವನ ಹೊಟ್ಟೆಗೆ

ದೇವಿ, 10ನೇ ತರಗತಿ



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